

# AGENDA



**PEOPLE FIRST**  
Prioritising Community Wellbeing

**7:45** **Pre-Conference Activity**  
Morning Mindfulness Walk  
\*Pre-Registration Required  
Limited Spaces Available

**Activity Throughout The Day**  
Sensory Room  
\*Pre-Registration Required  
Limited Spaces Available

**8:30** Sign In and Registration Open

Smoking Ceremony

**9:00** **Welcome to Country**  
Uncle Tamaru

**9:15** **Opening Address & Closing of CCSA's 40<sup>th</sup> Time Capsule**  
Minister Nat Cook

**9:30** **Wellbeing in the Community**  
**John Mannion: Breakthrough Mental Health**  
John will explore various ways in which we can prioritise and enhance our mental wellbeing and will shed light on the different insights and approaches to fostering wellness within our communities.

**10:15** **Morning Tea**  
Optional Activity: Silent Disco

**10:45** **Culturally Welcome Spaces**  
**Andrew Plastow: Ngutu College**  
Andrew will explore the story of Ngutu College, an independent, not-for-profit, socially just college and how they foster culturally welcome spaces and promote cultural awareness through quality creative holistic education for all young people, particularly those who were previously disempowered.

**11:30** **Trauma Informed Workplaces**  
**Sarah Scammell: Victim Support Service**  
Sarah will discuss the challenges faced by Community Centre staff and volunteers who become accidental counsellors. She will share insights from their Trauma Informed Workplaces training and strategies for managing vicarious trauma, burnout, compassion fatigue, and referring community members in need of support.

**12:15** **Lunch**  
Optional Activities  
SpeedMeeting

**9th November 2023**

Festival Functions, 292

Findon Road, Findon



**1:00** Choose your Workshop Session

Workshop 1: Addressing Homelessness in SA

Facilitated by:  
Alice Clark (Shelter SA)

Speakers including:  
Daniel Cox (Uniting SA)  
Evelyn O'Loughlin (St Vincent dePaul Society SA)  
Deirdre Flynn (Catherine House)  
Emma Slape (Turner Real Estate)

Workshop 2: Addressing Loneliness in our Communities

Facilitated by:  
Kerry MacGrath (Lutheran Care)

Speakers including:  
Rachael Pearse (Uniting Communities)  
Mike Feszczak (Grandcarers SA)  
Sam Dighton (Committee for Adelaide)

**2:30** Afternoon Tea  
Optional Activity: Silent Disco

**3:00** Choose your Panel Session

Panel 1: Community Learning Pathways

Facilitated by:  
Cathie Tydeman & Leanne Hill (Workforce Australia)

Speakers including:  
Tim Wiseman (CBS Inc)  
Andrea Rivett (Skills SA)  
Amanda Tarrant (Veterans SA)  
Nik Wingeatt (Rainbow WISE)  
Jake Stacey (WISE Ignite)

Panel 2: Community Led Community Connections

Facilitated by:  
Tania Brown (CCSA)

Speakers including:  
Lauren Bonnet (MarionLIFE)  
Beth Bailey (Anglicare)  
Sarah Smith (Murray Bridge CC)  
Sheila Millington (a.c.care)  
Leanne Isaacson (Eastwood CC)  
Matteo Mazzilli (Baptist Care)  
Nicki Van Hoof (Mt Barker CC)  
Michelle Busto (Lutheran Care)

**4:00** Closing Address  
The Honourable Frances Adamson AC

**4:30** Interactive Entertainment  
Acoustic Fix

**5:15** CCSA Annual General Meeting

**5:45** Community Centre Awards